

# CHILD MANIA RATING SCALE, PARENT VERSION (CMRS-P)

Subject: \_\_\_\_\_

Date: \_\_\_\_\_

Relationship to child: \_\_\_\_\_

## INSTRUCTIONS

The following questions concern your child's mood and behavior in the past month. Please place a check mark or an 'x' in a box for each item. Please consider it a problem if it is causing trouble and is beyond what is normal for your child's age. For example, check 'rare or never' if the behavior is not causing trouble.

<i>Does your child . . .</i>	NEVER/ RARELY	SOMETIMES	OFTEN	VERY OFTEN	
1. Have periods of feeling super happy for hours or days at a time, extremely wound up and excited, such as feeling "on top of the world"	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">0</div>	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">1</div>	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">2</div>	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">3</div>	
2. Feel irritable, cranky, or mad for hours or days at a time	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">0</div>	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">1</div>	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">2</div>	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">3</div>	
3. Think that he or she can be anything or do anything (e.g., leader, best basket ball player, rap singer, millionaire, princess) beyond what is usual for that age	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">0</div>	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">1</div>	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">2</div>	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">3</div>	
4. Believe that he or she has unrealistic abilities or powers that are unusual, and may try to act upon them, which causes trouble	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">0</div>	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">1</div>	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">2</div>	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">3</div>	
5. Need less sleep than usual; yet does not feel tired the next day	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">0</div>	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">1</div>	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">2</div>	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">3</div>	
6. Have periods of too much energy	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">0</div>	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">1</div>	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">2</div>	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">3</div>	
7. Have periods when she or he talks too much or too loud or talks a mile-a-minute	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">0</div>	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">1</div>	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">2</div>	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">3</div>	
8. Have periods of racing thoughts that his or her mind cannot slow down , and it seems that your child's mouth cannot keep up with his or her mind	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">0</div>	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">1</div>	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">2</div>	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">3</div>	
9. Talk so fast that he or she jumps from topic to topic	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">0</div>	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">1</div>	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">2</div>	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">3</div>	
10. Rush around doing things nonstop	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">0</div>	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">1</div>	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">2</div>	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">3</div>	
11. Have trouble staying on track and is easily drawn to what is happening around him or her	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">0</div>	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">1</div>	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">2</div>	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">3</div>	
12. Do many more things than usual, or is unusually productive or highly creative	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">0</div>	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">1</div>	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">2</div>	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">3</div>	
13. Behave in a sexually inappropriate way (e.g., talks dirty, exposing, playing with private parts, masturbating, making sex phone calls, humping on dogs, playing sex games, touches others sexually)	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">0</div>	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">1</div>	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">2</div>	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">3</div>	
14. Go and talk to strangers inappropriately, is more socially outgoing than usual	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">0</div>	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">1</div>	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">2</div>	<div style="border: 1px solid black; width: 40px; height: 30px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">3</div>	

<i>Does your child . . .</i>	NEVER	SOMETIMES	OFTEN	VERY OFTEN	
<b>15.</b> Do things that are unusual for him or her that are foolish or risky (e.g., jumping off heights, ordering CDs with your credit cards, giving things away)	<input type="text" value="0"/>	<input type="text" value="1"/>	<input type="text" value="2"/>	<input type="text" value="3"/>	_____
<b>16.</b> Have rage attacks, intense and prolonged temper tantrums	<input type="text" value="0"/>	<input type="text" value="1"/>	<input type="text" value="2"/>	<input type="text" value="3"/>	_____
<b>17.</b> Crack jokes or pun more than usual, laugh loud, or act silly in a way that is out of the ordinary	<input type="text" value="0"/>	<input type="text" value="1"/>	<input type="text" value="2"/>	<input type="text" value="3"/>	_____
<b>18.</b> Experience rapid mood swings	<input type="text" value="0"/>	<input type="text" value="1"/>	<input type="text" value="2"/>	<input type="text" value="3"/>	_____
<b>19.</b> Have any suspicious or strange thoughts	<input type="text" value="0"/>	<input type="text" value="1"/>	<input type="text" value="2"/>	<input type="text" value="3"/>	_____
<b>20.</b> Hear voices that nobody else can hear	<input type="text" value="0"/>	<input type="text" value="1"/>	<input type="text" value="2"/>	<input type="text" value="3"/>	_____
<b>21.</b> See things that nobody else can see	<input type="text" value="0"/>	<input type="text" value="1"/>	<input type="text" value="2"/>	<input type="text" value="3"/>	_____

<b>TOTAL SCORE</b> _____
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Please send comments to: <a href="mailto:Mpavuluri@psych.uic.edu">Mpavuluri@psych.uic.edu</a> eay@unc.edu
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